



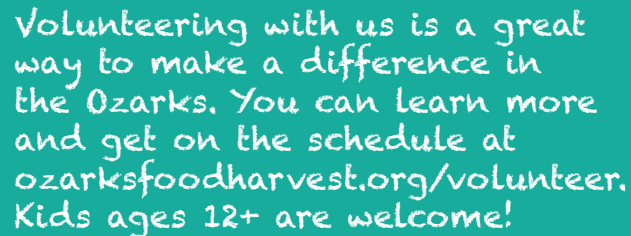
FOOD FIGHT



Hey, Hunger Heroes!

Hunger is an issue throughout the world, and it affects people across the Ozarks, too. The Food Bank and its partners work hard to provide more than 23 million meals in 28 counties in southwest Missouri each year. We get a lot of help from local businesses, volunteers and students, too! If you haven't thought much about hunger in the Ozarks, now is the time. There's so much you can do to make a difference! To get you started, we're challenging you to answer one of these questions with a short essay:

- How can we end hunger in the Ozarks for good?
- How can you make a difference for people that don't have enough to eat?
- Put yourself in the shoes of someone struggling with hunger. How do you find help?



Volunteering with us is a great way to make a difference in the Ozarks. You can learn more and get on the schedule at ozarksfoodharvest.org/volunteer. Kids ages 12+ are welcome!